



CLEAR ALIGNER



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Instructions for CA Clear Aligner Patients

NEWSLETTER



All cases were carried out by Dr. Pablo Echarri. All the laboratory work was carried out by Ladent laboratory, and the Scheu Dental Technology materials were used.

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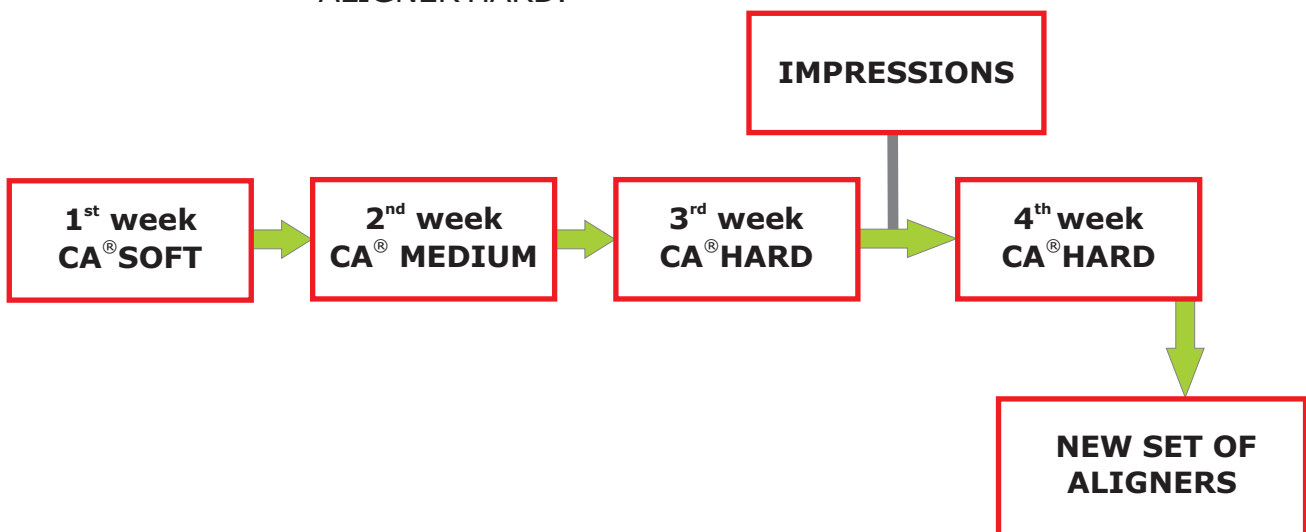
Dr. Pablo Echarri



Instructions for CA Clear Aligner Patients



1. Use CA[®] CLEAR ALIGNER SOFT during the first week, and then CA[®] CLEAR ALIGNER MEDIUM during the second week. During the third and fourth week, use CA[®] CLEAR ALIGNER HARD.



2. After the 3rd week, your clinician can take new impressions for new appliances which will be ready for wearing in the 4th week.

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3. If you don't use CA[®] CLEAR ALIGNER, we suggest you to keep it in its CA[®] splint box.



4. CA[®] CLEAR ALIGNER must be used at least 17 hours per day, including the sleeping hours.

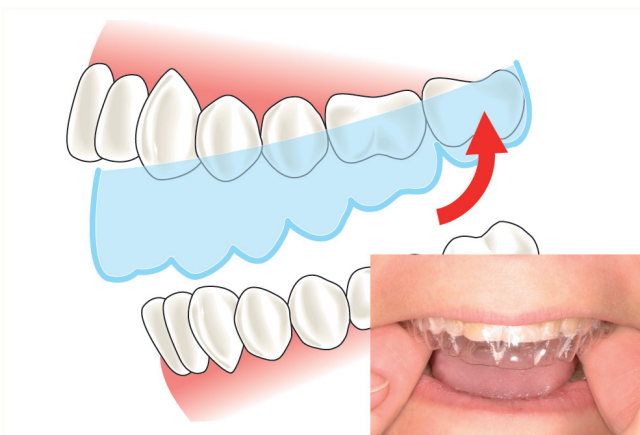
5. Remove CA[®] CLEAR ALIGNER when eating or drinking, especially if you take hot beverages, like coffee or tea, etc.



6. Clean your CA[®] CLEAR ALIGNER with a brush, neutral soap and cold water. Avoid hot water and aggressive soaps.

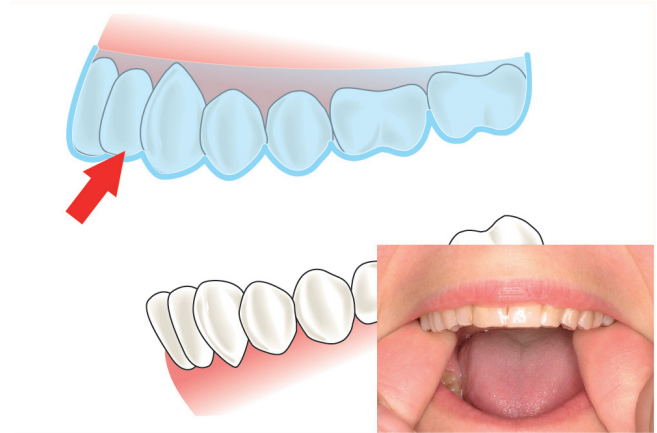


7. Use CETRON[®] to eliminate plaque from the appliance. Dissolve the contents of a CETRON[®] bag in a glass of cold water, and dip the CA[®] CLEAR ALIGNER for 30 minutes. Then carefully brush and rinse the CA[®] CLEAR ALIGNER before using it.

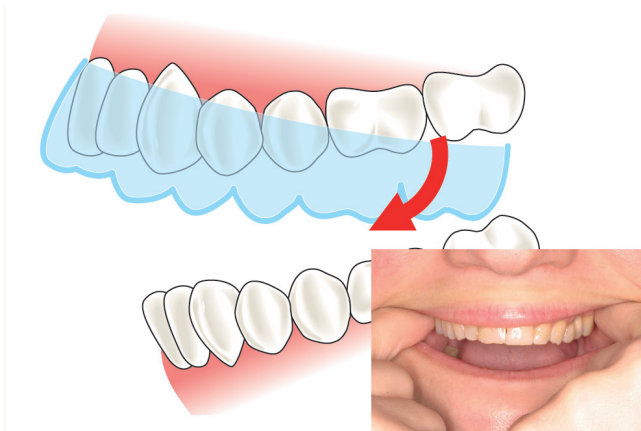


8. Always be very careful when inserting and removing the CA[®] CLEAR ALIGNER. Insertion process: Step 1. Insert first the posterior part of the appliance.

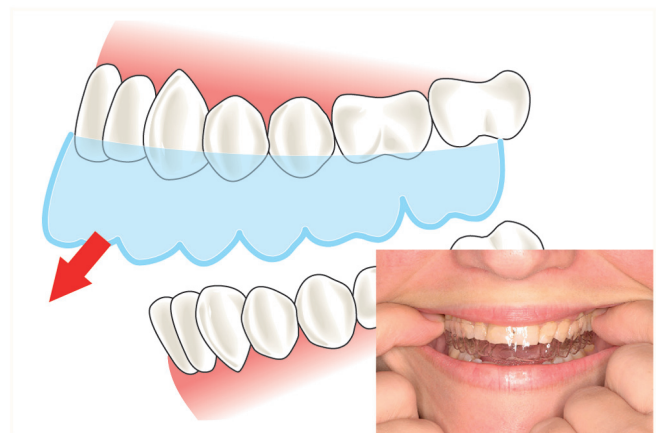
9. Insertion process. Step 2. Then insert the anterior part of the appliance.



10. Removal process. Step 1. Remove first the posterior part of the appliance.



11. Removal process. Step 2. Then remove the anterior part of the appliance.





12. Brush your teeth before inserting your CA[®] CLEAR ALIGNER.

13. Carry out light chewing exercises with your CA[®] CLEAR ALIGNER in the mouth.



**IF YOU HAVE ANY DOUBTS, OR IF YOUR APPLIANCE IS BROKEN,
PLEASE CONTACT YOUR CLINICIAN IMMEDIATELY.**

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Dr. Pablo Echarri

